

**Alegro Health Corp.**

TSX VENTURE: **AGO**



Nov 28, 2006 12:46 ET

**Alegro Health Corp., Grant of Options**

TORONTO, ONTARIO--(CCNMatthews - Nov. 28, 2006) - Alegro Health Corp. (TSX VENTURE:AGO) announces that incentive stock options to acquire up to an aggregate of 450,000 common shares in the capital of Alegro Health Corp. at an exercise price of \$0.21 per common share, have been granted to two Directors and a Consultant expiring November 15, 2011, pursuant to and in accordance with the terms and conditions of the Stock Option Plan that was approved at the meeting of shareholders held on June 30, 2006.

About ALEGRO HEALTH CORP.

ALEGRO HEALTH CORP. is a Canadian healthcare service provider. The Company's focus is on private payer medical and health-related services. The Company is listed on the TSX Venture Exchange under the symbol "AGO".

Alegro cannot guarantee that any forward-looking statements contained in this news release will materialize. Nor is it possible for Alegro to commit itself to updating information about risks and other factors pertaining to its business that might appear in this or any other public disclosure documents.

The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this news release.

**For more information, please contact**

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