

Alegro Health Corp.

TSX VENTURE: **AGO**



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Alegro Health Corp Reports Resignation of a Director

TORONTO, ONTARIO--(CCNMatthews - April 6, 2006) - Alegro Health Corp. (TSX VENTURE:AGO), a Canadian health services provider, today reported the resignation of Donald Wood from its Board of Directors, effective immediately. Mr. Wood served on Alegro's Board since October 9, 2001 and also acted as the Company's CFO until May 2005.

Brenda Rasmussen, President and CEO of Alegro commented, "We are most grateful to Don for his counsel and advice over the past number of years, both as a Director and as the Company's former CFO. We wish him all the very best in the future."

The Company has learned that its wholly owned subsidiary, Direct Health Services Inc., was not successful in its bid to have its contract renewed to provide Labour Market Re-entry (LMR) services to the Ontario Workplace Safety and Insurance Board ("WSIB"). The existing contract for the provision of LMR services to the WSIB, acquired as part of an acquisition completed on August 18, 2005, will be terminated effective April 7, 2006. While services provided to the WSIB generated significant revenues, only marginal profits were realized on these services and the Company does not expect there to be a significant impact on future income as a result of the termination of this contract. Ms. Rasmussen stated, "Direct Health Services Inc. is continuing to develop its operations in Eastern Canada as well as services supplied to employers and the insurance industry in Ontario and anticipates expanding these services over the next several months."

Certain information included in this press release is forward-looking. This information represents our judgment as of this date and is subject to important risks and uncertainties. Such forward-looking information is not a guarantee of performance. The results or events predicted in these statements may differ materially from actual results or events. Consequently, investors should not place any undue reliance on such forward-looking information.

Factors which could cause results or events to differ from current expectations include, among other things, the ability of Alegro to maintain existing contracts and to attract new clients to its disability case management operations, and general industry, economic and market conditions.

For additional information with respect to these and other factors, investors should consult Alegro's ongoing filings found on SEDAR at www.sedar.com. Unless otherwise required by applicable securities laws, Alegro disclaims any intention or obligation to update or revise any forward-looking statement, whether as a result of new information, future events or otherwise.

The TSX Venture Exchange has neither approved nor disapproved of the contents of this press release.

For more information, please contact

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