

Alegro Health Corp.



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Alegro Health Announces its Results for the Quarter Ended March 31, 2004

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FOR: ALEGRO HEALTH CORP.

TSX VENTURE SYMBOL: AGO

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Alegro Health Announces its Results for the Quarter Ended March 31, 2004

TORONTO, ONTARIO--(CCNMatthews - Jun 4, 2004) - Alegro Health Corp. ("Alegro Health") (AGO:TSX Venture Exchange) has announced its quarterly financial results for three-month period ended March 31, 2004. The results include the consolidated results of Work Able Centres Inc.

For the quarter ended March 31, 2004 revenues were \$1,734,707 and a net profit before taxes of \$269,295 for 15.5% of revenue compared to \$1,566,783 and a profit of \$142,694 for the quarter ended March 31, 2003.

Based on weighted share calculation the earnings per share for the three months ended March 31, 2004 are \$0.03 compared to a profit of \$0.07 for the quarter ended March 31, 2003.

Based on the full total of the outstanding shares at March 31, 2004 the earnings per share for the quarter are \$0.015.

"We are extremely pleased that the first quarter of 2004 is continuing the strong growth that was seen with the 2003 financial results of Alegro Health" stated Brenda Rasmussen CEO. "We continue to be dedicated to growth strategy into other complementary areas of healthcare."

Set out below is selected financial data. (000's omitted except earnings per share).

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3 Months Ended March	3 months Ended March
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Description	2004	2003
Revenue	1,735	1,567
Earnings before Income Taxes	269	143
Weighted Shares (000's)	10,742	1,931
Earnings per Share (weighted)	\$0.036	\$0.07
Total Shares (000's)	17,176	17,176
Earnings per share (full)	\$0.02	\$0.01

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This press release should be read in conjunction company's financial statements and management discussion, which can be found at www.sedar.com

Management continues to examine acquisitions and other transactions and initiatives to maximize shareholder value. It is management's opinion that Alegro's current share price does not properly reflect the underlying value of its operations and potential.

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For more information, please contact

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The TSX Venture Exchange has neither approved nor disapproved of the contents of this press release.